CO-OCCURRING DISORDERS: AN INTEGRATED APPROACH TO TREATMENT
SONIA M. ROSCHELLI*, TORRESY J. SMITH

*713-275-5288; THE MENNINGER CLINIC, 12301 SOUTH MAIN STREET HOUSTON, TX 77035


To link to this article: https://doi.org/10.31886/jors.12.2018.12

ABSTRACT

Treating and overcoming co-occurring disorders can be complex and challenging for clinicians and clients. In the past, the field has attempted to treat co-occurring disorders separately, but evidence in recent years suggests that treating both disorders at the same time yields the best results. This presentation will offer an overview of the challenges and clinical issues that are present in helping people with dual diagnoses. Recommendations for assessment and treatment of co-occurring disorders will be provided, and a case example will be presented to assist with application of information.

ADDRESSING GRIEF AND LOSS THROUGH THE CONTINUUM OF CARE: A FOCUS ON PATIENT EXPERIENCES AND PROFESSIONAL PRACTICES
JAMES M. RYAN*

*JRYAN@ASHLEYTREATMENT.ORG; ASHLEY ADDICTION TREATMENT, 800 TYDINGS LANE, HAVRE DE GRACE MD, 21078


To link to this article: https://doi.org/10.31886/jors.12.2018.13

ABSTRACT

Grief and loss are universal parts of the human experience. They are also some of the most profound experiences that a human being encounters in life. In addiction treatment, grief and loss must be addressed in order for an individual to successfully journey into recovery. In recovery, individuals must have the skills to cope with grief and loss to successfully maintain their sobriety when life happens. Integrated grief and loss is the ultimate objective. Treatment should focus on “stuck points” without pathologizing the individual’s experience. This presentation is the beginning of a discussion about best practices when addressing grief and loss in addiction treatment and the types of interventions that have proven most successful.

All authors approve this manuscript and the original submission. The authors report no conflicts of interest. This work is licensed under the CC-BY license.